NC SENIOR GAMES STATE FINALS 2024

State Finals lasts for more than 20 days and showcases over 3000 registered participants in over 70 sports and arts activities. Since the inaugural State Finals in 1985 to the present, this event has become a celebration in the truest sense of the word. It provides participants & volunteers an opportunity to showcase their talents, enjoy being active, renew old skills and learn new ones. Perhaps most important of all, it allows people of all ages to join together in what has come to be called the Senior Games Family.

September 16-22, Raleigh/Cary/Durham

Archery, Madison, Aug. 29 Bocce & Cornhole Tournaments, Clayton, Sept. 30-Oct. 2 Mini Golf, Raleigh, Oct. 3 Disc Golf, Yadkinville, Oct. 8 Golf Tournament, Clemmons, Oct. 8-9 Softball Tournament, Cary, Oct. 11-14 Pickleball Tournament, Cary, Oct. 18-21 Basketball Tournament, Greenville, Nov. 1-3





Sports

Archery Badminton Basketball Shooting Basketball Tournament Billiards Bocce

SilverArts

Bowling Cornhole Croquet Cycling Disc Golf Discus Throw Football Throw Golf

Horseshoes Long Jumps (Running & Standing) Mini Golf Pickleball Shuffleboard Shot Put Softball Throw Softball Tournament Swimming Table Tennis Tennis Track Events (including Race Walk & Power Walking)



CHEERLEADING

Contact Information NCSG Office in Raleigh • 919-851-5456 •

ncsg@ncseniorgames.org • www.ncseniorgames.org • 4603 Western Blvd, Raleigh, NC 27606

Host North Carolina Senior Games, Inc

NCSG is a non-profit organization that began in 1983 with a mission of creating a year round health promotion and education program for adults 50 years of age and better. Senior Games provides a holistic approach to keeping the body, mind and spirit fit while enjoying the company of friends, family, spectators and volunteers.

Age Divisions Individuals compete for awards in

their own sex and age category within five year increments: 50-54,55-59,60-64,65-69,70-74,75-79,80-84,85-89,90-94,95-99,100+

